



Thai Kitchen restaurant

thaikitchenlakewood.com

Sunday	4:00 – 9:00	<p>12210 Madison Ave Lakewood, OH 44107</p> <p>216-226-4450</p> <p>facebook.com/thaikitchenlakewood</p> <p>thaikitchenlakewood.com</p>
Monday	11:30 – 9:00	
Tuesday	Closed	
Wednesday	11:30 – 9:00	
Thursday	11:30 – 9:00	
Friday	11:30 – 10:00	
Saturday	11:30 – 10:00	

Last Dine-in order 30 minutes before closing, last take-out order 15 min before closing

Change or modify a menu item - \$1.00 extra charge

B.Y.O.Beverage - \$2.50 per person

Spicy Scale: 1 - 10 WARNING!-Spice levels are unpredictable, 3 & above can be Fire Hot!!

Spice levels are unpredictable. Some people ignore this warning and then complain that food is too spicy. If you ignore this warning, don't complain if you ordered your food too spicy.

DRINKS

No free refills on drinks

BUBBLE SMOOTHIES & DRINKS

Bubble drinks can be made Vegan upon request

Bubble drinks can come without Tapioca Pearls (Boba Bubbles) upon request

Bubble Smoothie with Tapioca Pearls **\$3.95**

Milo (Thai style Chocolate Malt)

Pink Milk (Sala Syrup drink)

Matcha Green Tea

Honeydew

Mango

Taro

Strawberry

Thai Tea

Thai Coffee

Bubble Drinks with Tapioca Pearls (not a smoothie) **\$3.50**

Green Tea Bubble

Pink Milk Bubble

Thai Tea Bubble Traditional Thai Tea from Thailand brewed here at Thai Kitchen

Thai Coffee Bubble Traditional Thai Coffee from Thailand brewed here at Thai Kitchen

HOT DRINKS

Hot Thai Style Coffee with Sweetened Condensed Milk **\$2.95**

Thai Coffee from Thailand brewed here at Thai Kitchen

Hot Tea - Ginger or Lemongrass or Chrysanthemum **\$2.95**

Made with real ginger or lemongrass or chrysanthemum, not a powder or mix, caffeine free

Hot Tea - Green, Jasmine, or Oolong **\$2.50**

Loose leaf Chinese style teas

COLD DRINKS

Thai Iced Tea fresh from Thailand and brewed here, not a powder or mix **\$2.95**

Thai Iced Coffee fresh from Thailand and brewed here, not a powder or mix **\$2.95**

Bottled Water **\$1.00**

Soda – Coke, Diet Coke, Sprite, Ginger Ale **\$1.50**

Lipton Unsweetened Iced Tea (free refill) **\$2.00**

vegan, vegetarian, or gluten-free upon request.

We never add MSG

APPETIZERS

- | | |
|--|---------------|
| 1. Thai Crispy Spring Rolls (2 per order) | \$2.50 |
| Cabbage, carrots, and vermicelli wrapped and served with our homemade sweet eggroll sauce garnished with peanuts | |
| 2. Thai Todmun (8) | \$4.99 |
| Minced fish cake patties, fried and cooked to perfection, served with homemade sweet chili sauce | |
| ST. Shrimp Tempura (4) | \$5.99 |
| Shrimp covered in a light tempura batter and served with our sweet chili sauce | |
| 3. Crab Meat Roll (8) | \$5.99 |
| Crab meat roll sliced and fried to a perfect crisp, served with homemade sweet chili sauce | |
| 4. Shrimp Chips | \$2.50 |
| Crispy Asian style chips with a light shrimp taste, served with our homemade sweet chili sauce | |
| 5. Thai Kitchen Fresh Rolls (2) | |
| Fresh basil, cilantro, lettuce, and mint leaves rolled in rice paper, served with our homemade sweet chili sauce | |
| With vegetables or vegetables and chicken | \$4.99 |
| With vegetables and shrimp or vegetables chicken and shrimp | \$5.99 |
| 6. Chicken Satay (3) | \$4.99 |
| Marinated chicken on a skewer, grilled and served with our homemade peanut sauce | |

SIDE ORDERS AND EXTRAS

Steamed Rice	\$3.00
Thai Kitchen Brown Rice	\$3.00
Sticky Rice	\$3.00
Rice Noodles or Egg Noodles	\$3.00
Extra Meat (chicken, pork, or beef)	\$3.00
Extra Shrimp	\$5.00
Extra Duck	\$6.00
Extra Vegetables	\$3.00
Extra Egg	\$1.50
Extra Sauce (typically appetizer sauces. Extra entrée sauces priced with entrée listing)	\$0.50

Elly Noodles Children's Size Noodle Bowl	
Stir fried vermicelli rice noodle and egg	\$3.99
With chicken or tofu	\$4.99

Spicy Scale: 1 - 10 WARNING-Spice levels are unpredictable, 3 & above can be Fire Hot!!!

SOUPS

7. Thai Kitchen Tom Yum

The Chef's special recipe. Creamy hot and sour soup with coconut milk, lemongrass, lime juice, sweet onions, mushrooms, cabbage, cilantro, green onions, and Chinese lettuce and tomatoes

Chicken or Tofu	Small Bowl	\$3.99	Big Bowl	\$8.99
Shrimp	Small Bowl	\$4.99	Big Bowl	\$10.99

8. Tom Yum

Thai style hot and sour soup with lemongrass, lime juice, lime leaf, sweet onions, mushrooms, cabbage, Chinese lettuce, cilantro, green onions, and tomatoes

Chicken or Tofu	Small Bowl	\$3.99	Big Bowl	\$8.99
Shrimp	Small Bowl	\$4.99	Big Bowl	\$10.99

9. Tom Kar

Coconut milk soup with Chinese lettuce, galangal, green onion, sweet onion, lime juice, and cilantro

Chicken or Tofu	Small Bowl	\$3.99	Big Bowl	\$8.99
Shrimp	Small Bowl	\$4.99	Big Bowl	\$10.99

10. Keang Jerd Pak Gard Dong

Pickled mustard green vegetable soup

Chicken, Pork, or Tofu	Small Bowl	\$3.99	Big Bowl	\$8.99
-------------------------------	-------------------	---------------	-----------------	---------------

11. Wonton Soup

Tasty Thai style wonton soup with Chinese lettuce

Chicken, Pork, or Tofu	Small Bowl	\$3.99	Big Bowl	\$8.99
-------------------------------	-------------------	---------------	-----------------	---------------

SALADS

12. Thai Kitchen Salad \$4.50

Tossed salad with our homemade ginger dressing

13. Yum Woonsen \$10.99

Vermicelli noodles with our chili peppers sauce, cilantro, green onions, lime juice mixed with ground pork and shrimp and topped with peanuts

14. Thai Pork or Beef Salad \$12.99

Thinly sliced grilled beef or pork with cilantro, lime juice, mint leaves, green onion and spices with fresh lettuce

15. Seafood Salad \$13.99

Scallops, shrimp, and squid mixed with cilantro, lime juice, fresh lettuce, green onions, tomatoes and sweet onions with our chili pepper sauce

16. Larb with Chicken, Beef or Pork \$9.99

Thai salad w/ground chicken or gr. beef or gr. pork with green onion, cilantro, lime juice & mint leaves

17. Papaya Salad (Som Tam) \$8.99

Add Salty Crab and/or Thai Fish Sauce

With shrimp \$10.99

Sliced green papaya, garlic, chili pepper, lime juice, tomato, ground peanut, green bean and carrot
Served as a Thai style salad. Choose your spice level. This dish is a popular appetizer in Thailand.

18. Moo Yang or Kai Yang \$10.99

Grilled pork or grilled chicken marinated with our special Thai Kitchen seasoning sauce, served with our homemade chili sauce and steamed sticky rice.

vegan, vegetarian, or gluten-free upon request.

RICE PLATTERS

Served with Steamed Rice

Substitute Brown Rice or Noodles **\$1.00** Extra Sauce **\$2.00**

Chicken, Pork, Beef, or Tofu	\$10.99
Shrimp	\$12.99
Combination (Chicken, Pork, Beef, and Shrimp)	\$12.99

20. Khao Rad Nah

Stir fry with seasoned vegetables, snow peas in Thai gravy sauce

22. Pad Kra-Tiem Prik Thai (Garlic & Pepper)

Stir fry with garlic, black pepper, bell pepper, snow peas, onions, broccoli, cauliflower and carrots

23. Pad Bai Gra-Praw (Basil)

Stir fry with garlic, hot chilies, basil, onions, string beans and bell pepper

24. Pad Khing (Ginger)

Stir fry vegetables with bell pepper, ginger, onions and snow peas

FRIED RICE

28. Khao Pad Goon Chieng

Fried rice with dried Chinese sausage, Chinese broccoli, tomatoes, onions, and egg

\$9.99

29. Khao Pad Phuket Paradise

Fried rice with shrimp, chicken, cashew nuts, curry powder, pineapples, onions, green onions, tomatoes and egg

\$12.99

30. Khao Pad

Thai style fried rice with Chinese broccoli, green onions, onions, tomatoes and egg

Chicken, Pork, Beef, or Tofu

\$9.99

Shrimp

\$12.99

Combination (Chicken, Pork, Beef, and Shrimp)

\$12.99

31. Thai Kitchen Vegetarian Fried Rice

Brown rice, carrots, raisins, sweet onion, curry powder, chef's Thai seasonings, tomato and tofu

\$10.99

THAI CURRY

Served with Steamed Rice or for **\$1.00** Substitute Brown Rice or Noodles

Extra Curry Sauce with Curry dish **\$4.00**

Chicken, Pork, Beef, or Tofu **\$11.99**

Combination (Chicken, Pork, Beef, and Shrimp) **\$13.99**

Shrimp **\$13.99**

Scallops **\$14.99**

32. Jungle Curry (Keang Ba)

Spicy red curry sauce made without coconut milk with Thai eggplant, bell peppers, green beans, basil, rhizome, broccoli, cauliflower and carrots

33. Yellow Curry (Keang Leang)

A milder curry with potatoes, pineapples, onions, bell peppers, broccoli, cauliflower and carrots

34. Panaeng Curry (Keang Panaeng)

Panaeng tastes sweet with a creamy texture, basil, coconut milk, lime leaf, and mixed vegetables

35. Green Curry (Keang Kiew Waan)

Green curry tastes both sweet and spicy, basil, Thai eggplant, coconut milk, and mixed vegetables

36. Musamun Curry (Keang Musamun)

Musamun is a mild curry with a sweet taste, peanuts, potatoes, onion, and coconut milk

37. Red Curry (Keang Daeng)

Red curry leaves a spicy red chili taste, Thai eggplant, coconut milk, basil and mixed vegetables

Spicy Scale: 1 - 10 WARNING-Spice levels are unpredictable, 3 & above can be Fire Hot!!!

HOUSE NOODLES

- 38. Pad Thai**
Stir fried rice noodles with bean sprouts, egg, and ground peanuts
- | | |
|--|-------------------|
| Chicken, Pork, Beef, or Tofu | \$9.99 |
| Shrimp | \$12.99 |
| Combination (Chicken, Pork, Beef, and Shrimp) | \$12.99 |
| Extra Pad Thai Sauce and/or extra egg | \$1.50 ea. |
- 39. Pad Thai Woon-Sen**
Stir fried vermicelli noodles with bean sprouts, egg, and ground peanuts
- | | |
|--|-------------------|
| Chicken, Pork, Beef, or Tofu | \$9.99 |
| Shrimp | \$12.99 |
| Combination (Chicken, Pork, Beef, and Shrimp) | \$12.99 |
| Extra Pad Thai Sauce and/or extra egg | \$1.50 ea. |
- 40. Ba Mee Moo Daeng** **\$10.00**
Wonton noodle soup with barbecue roast pork, cilantro, bean sprouts, and green onion
- 42. Pad Se Ew**
Stir fried flat rice noodles with Chinese broccoli, egg, and sweet soy sauce
- | | |
|--|----------------|
| Chicken, Pork, Beef, or Tofu | \$9.99 |
| Shrimp | \$12.99 |
| Combination (Chicken, Pork, Beef, and Shrimp) | \$12.99 |
- 43. Kiey Diew**
Clear rice noodle soup with bean sprouts, green onions, toasted garlic and cilantro
- | | |
|--|----------------|
| Chicken, Pork, Beef, or Tofu | \$10.00 |
| Shrimp | \$11.99 |
| Combination (Chicken, Pork, Beef, and Shrimp) | \$11.99 |
| Add Ground peanuts | \$0.50 |
- 44. Keang Choed Woonsen**
Clear vermicelli noodle soup with egg, cilantro, green onion, toasted garlic and Chinese lettuce
- | | |
|--|----------------|
| Chicken, Pork, Beef, or Tofu | \$10.00 |
| Shrimp | \$11.99 |
| Combination (Chicken, Pork, Beef, and Shrimp) | \$11.99 |
- 45. Coconut Noodle Soup**
Egg noodles with coconut milk, green onion, broccoli, cauliflower, carrots and cilantro and Thai spices in soup
- | | |
|--|----------------|
| Chicken, Pork, Beef, or Tofu | \$10.00 |
| Shrimp | \$11.99 |
| Combination (Chicken, Pork, Beef, and Shrimp) | \$11.99 |
- 46. Coconut Curry Noodle Soup** 
Egg noodles, red curry paste, coconut milk, green onion, broccoli, cauliflower, carrots, cilantro and Thai spices in soup
- | | |
|--|----------------|
| Chicken, Pork, Beef, or Tofu | \$11.99 |
| Shrimp | \$13.99 |
| Combination (Chicken, Pork, Beef, and Shrimp) | \$13.99 |
- 47. Rice Soup (Khao Tom)**
Rice soup with ginger, cilantro, toasted garlic and green onion
- | | | | | |
|------------------------|-------------------|---------------|-----------------|----------------|
| Chicken or Tofu | Small Bowl | \$3.99 | Big Bowl | \$9.99 |
| Shrimp | Small Bowl | \$4.99 | Big Bowl | \$11.99 |

vegan, vegetarian, or gluten-free upon request.

KITCHEN SPECIALS

KS 1. Shrimp in Clay Pot (Goong Ob Woon-Sen)	\$14.99
Sautéed shrimp with vermicelli noodle in Thai Herb Sauce	
KS 2. Special Red or Green Curry (Keang Sup Ba Rot) 🌶️	
Green bean, bell peppers, onion, coconut milk, pineapples, and tomatoes	
Shrimp or Boneless Roast Duck	\$14.99
Chicken	\$12.99
KS 3. Sweet and Sour (Pad Prew Wan)	
Stir fry with bell pepper, tomatoes, onion, cucumber, and pineapples	
Shrimp or Boneless Roast Duck	\$14.99
Chicken	\$11.99
KS 4. Pad Prik Khing 🌶️	
Stir fry with string bean with curry paste	
Shrimp	\$14.99
Chicken or pork	\$11.99
KS 5. Basil Fried Rice (Spicy Fried Rice Thai Style) 🌶️	\$10.99
Fried rice with chicken, basil, hot chili, garlic, bell pepper, green bean and onion	
KS 6. Sea Food Hot Plate 🌶️	\$14.99
Stir fry with shrimp, scallops, fish balls, squid, chili sauce, basil, green bean, onion and bell pepper	
KS 7. Pad Tha-Lay Seafood 🌶️	\$14.99
Stir fry flat noodles with shrimp, scallops, fish balls, squid, chili sauce, basil green bean, onion and bell pepper	
KS 8. Choo Chee Curry (Shrimp or Salmon) 🌶️	\$14.99
Thai curry sauce with bell peppers, green beans, onion and lime leaf	
KS 9. Salmon in Ginger Sauce	\$14.99
Salmon, ginger, celery, bell peppers, and sweet onion	
KS 10. Sour Bamboo in Curry (Thai Country Style) 🌶️	
Thai curry sauce and sour bamboo	
Salmon or Shrimp	\$14.99
Chicken, pork, beef or tofu	\$11.99
KS 11. Pad Kee Mao 🌶️	\$10.99
Stir fry flat noodle with hot chili, garlic, green beans, bell peppers, onions, and basil	
Chicken, Pork, Beef or Tofu	
KS 12. Pan Fried Mussels or Shrimp (Thai Style Tempura) 🌶️	\$14.99
Pan fried mussels or shrimp in egg batter, over garlic, bean sprouts and cabbage	
KS 13. Chicken Cashew Nuts	\$11.99
Stir fry chicken, onion, bell peppers, snow peas, mixed vegetables, cashew nuts	
KS 14. Khao Soi Noodles (Thai Northern Style Chicken Curry) 🌶️	\$11.99
Egg noodles over Thai Northern chicken curry, bean sprouts, green onion, cilantro and pickled mustard greens	

Spicy Scale: 1 - 10 WARNING-Spice levels are unpredictable, 3 & above can be Fire Hot!!!

HOME TOWN SPECIAL

H 1. Pad Curry Powder 	Stir-Fried onion, snow peas, bell peppers, lime leaf, mixed vegetables, coconut milk and curry powder	
Shrimp		\$14.99
Combination (Chicken, Pork, Beef and Shrimp)		\$14.99
Chicken, Pork, Beef or Tofu		\$11.99
H 2. Bangkok Lo-Mein		\$10.99
	Stir-Fried egg noodles with broccoli, cauliflower, carrots, snow peas, egg, bell pepper, and onion	
H 3. Pad Ped Spice (Pad Kra Chai) 		
	Red curry, bamboo shoots, basil, coconut milk, rhizome, bell pepper, onion and mixed veggies	
Shrimp or Salmon		\$14.99
Chicken, pork, beef or tofu		\$12.99
H 4. Kitchen Herbs and Spice (Home Style) 		\$12.99
	Stir-Fried red curry with peppercorn, bell pepper, onion, green bean, basil, mixed veggies	
Choice of Chicken, Pork or Beef		
H 5. Hung-Lay Curry with Pork (Thai Northern Style) 		\$12.99
	Hung-Lay curry paste with Thai spice, pork, pineapple, ginger and garlic	
H 6. Beef Ta-Krite (Thai Southern Style) 		\$13.99
	Stir-Fried beef with lemon grass, chili paste and string bean	
H 7. Kai Pad Ped 		\$11.99
	Stir-Fried chicken with chili, sour bamboo and basil	
H 8. Beef Pad Prik-Thai (Home Style) 		\$12.99
	Stir-Fried beef with onion, bell pepper, mixed vegetables and snow peas	
H 9. Pad Woon-Sen		
	Stir-Fried vermicelli noodle, egg, onion, bell pepper, snow peas, Tomato, broccoli, cauliflower and carrots	
Combination (Chicken, pork, beef and shrimp)		\$12.99
Shrimp or		\$12.99
Chicken, pork, beef or tofu		\$10.99
H 10. Pla Tord Ka-Min (Pan Fried Fillets Tilapia with turmeric sauce)		\$14.99
H 11. Pla Rad Prik (Pan Fried Fillets Tilapia with sweet chili sauce) 		\$14.99
H 12. Pla Ma-Now (Pan Fried Fillets Tilapia with lime sauce and chili) 		\$14.99
H 13. Pla Kra-Tiem (Pan Fried Fillets Tilapia with garlic sauce)		\$14.99

vegan, vegetarian, or gluten-free upon request.



Thai Kitchen Specials

DESSERTS

Sweet Mango with Sweet Sticky Rice - <i>Seasonal</i>	\$5.99
Fresh sweet mango served with homemade sticky rice	
Thai Kitchen Pumpkin Custard in a Pumpkin – <i>Seasonal</i>	\$5.99
Homemade Thai style custard (similar to flan) served in a small real pumpkin. Completely cooked so you can eat the pumpkin too. Served hot.	
Ice Cream with Sweet Sticky Rice	\$3.99
Vanilla ice cream served over homemade sweet sticky rice	
Sungkaya with Sweet Sticky Rice	\$4.99
Homemade Thai style custard, similar to flan. Served with homemade sweet sticky rice. Served hot.	
Durian Dessert	\$4.99
This exotic fruit is served with coconut milk, palm sugar and served over homemade sweet sticky rice. Served hot.	
Thai Style Banana Dessert (Gluey Bwod Chee)	\$4.99
Thai style baby banana dessert is served in a sweet coconut milk sauce. Served hot.	
Boua-Loy	\$4.99
Mini rice flour balls in sweetened coconut milk sauce. Boua-Loy translated to English means Floating Lotus. Served hot.	

Spicy Scale: 1 - 10 WARNING-Spice levels are unpredictable, 3 & above can be Fire Hot!!!



Lunch Menu

12210 Madison Ave., Lakewood, Oh 44107

216-226-4450

thaikitchenlakewood.com

facebook.com/thaikitchenlakewood

Full menu available all day

Lunch Menu 11:30 am – 2:00 pm Monday to Friday

L1. Khao Pad (Thai Style Fried Rice)

Chicken, pork, beef or tofu	\$6.99
Combination (Chicken, pork, beef and shrimp)	\$8.99
Shrimp	\$8.99

L2. Khao Rad Na (Stir Fry with Seasoned Vegetables over Rice)

Chicken, pork, beef or tofu	\$6.99
Combination (Chicken, pork, beef and shrimp)	\$8.99
Shrimp	\$8.99

L3. Pad Thai (Stir Fry with Rice Noodle, Egg, Ground Peanuts, Chives & Bean Sprouts)

Chicken, pork, beef or tofu	\$6.99
Combination (Chicken, pork, beef and shrimp)	\$8.99
Shrimp	\$8.99

L4. Pad See Ew (Stir Fry with Wide Rice Noodle, Sweet Soy Sauce & Chinese Broccoli)

Chicken, pork, beef or tofu	\$6.99
Combination (Chicken, pork, beef and shrimp)	\$8.99
Shrimp	\$8.99

L5. Pad Rad Nah (Stir Fry with Wide Rice Noodle & Seasoned Vegetables)

Chicken, pork, beef or tofu	\$6.99
Combination (Chicken, pork, beef and shrimp)	\$8.99
Shrimp	\$8.99

**Dishes can be prepared vegan, vegetarian or gluten-free upon request
vegan, vegetarian, or gluten-free upon request.**

THE THAI KITCHEN STORY

Thai Kitchen has been serving the finest Traditional Thai Food in Lakewood for over 20 years. Chef Kwan is from Thailand and an expert Thai Chef trained at Thailand's most prestigious Culinary Arts School specializing in Vegetarian Cuisine of Thailand. Kwan then opened her own vegetarian restaurant in Thailand and sharpened her skills in Thailand before coming to the USA.

Thai Kitchen is the closest culinary experience to Authentic Thai Cuisine you will have outside of Thailand because Chef Kwan prepares her own fresh curry pastes, sauces, and other ingredients and makes her own Thai crispy spring rolls, fresh rolls, teas and coffee, salad dressing and many other menu items from scratch, not powders or off-the-shelf mixes. Chef Kwan typically starts all dishes with the basics such as fresh produce, rarely purchasing anything already prepared. *All dishes are prepared with NO ADDED MSG ever, and it can never be found in our kitchen.* Also, Thai Kitchen uses less sugar & salt or significantly less sugar & salt in our menu items as compared to all other restaurants.

Each dish is made to order, not prepared ahead and then reheated and that is why it could take longer during busy times of day. Thai Kitchen is authentic Thai Cuisine, skillfully prepared, with fresh ingredients, without MSG, low in sugar & salt content and a Chef who is an expert in Vegetarian, Vegan and Gluten-Free Cuisine.

Thailand has 5 different regions with each having its own variation of Thai Cuisine. Therefore, a dish at one Thai Restaurant will be noticeably different from the same dish at another Thai Restaurant, even though both restaurants offer the same menu item. Not any one style is better than another; they are simply different from one another. Chef Kwan uses the Central Thai Cooking Style in the way she prepares your food. *There is no standardization or consistency among Thai Restaurants. Expecting Thai Kitchen to prepare a menu item like another Thai Restaurant is the most common reason for people to be disappointed. We do not prepare any dish, soup, etc. like another restaurant. We are a unique, one-of-a-kind restaurant.* To get another restaurant's cooking style, ingredients, taste, etc., you should go to that restaurant. No other restaurant is affiliated with Thai Kitchen.

DID YOU KNOW?

Entrees served on a plate are eaten with a fork and a spoon in Thailand, as opposed to chopsticks. Chopsticks and a spoon are used for noodle soups in Thailand.

WHY ARE THE SPICE LEVELS AT THAI KITCHEN SO INCONSISTENT?

Chef Kwan uses fresh Thai chili peppers to spice most dishes, soups, etc. Typically, a spice level 3 has 3 fresh Thai chili peppers in it. *Fresh Thai chili peppers vary wildly in potency, some are fire hot and some are just hot. Think of a fresh chili pepper as you would think of people, no 2 people are the same, some are tall, some are short, etc. Bottles of chili pepper sauce have a consistent potency, but fresh chili peppers do not.* Also, the other ingredients in a dish influence the spice level. Some ingredients help elevate the spiciness and some ingredients reduce the spiciness. Spice level 2 and lower is recommended.

Spicy Scale: 1 - 10 WARNING-Spice levels are unpredictable, 3 & above can be Fire Hot!!!